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Who Is a Worthy Mother? *An Intimate History of Adoption*

By Rebecca Wellington

- Q** Wellington's story revolves around her relationship with her sister. Her understanding of her sister Rachel is transformed after she dies of a drug overdose. Why does death allow us to see people in a different way? Why was Wellington unable to hear her sister's truth when she was alive?
- Q** Wellington touches on the 'nature vs. nurture' debate as it relates to child development throughout the book. She also investigates her own evolving ideas about nature vs. nurture as she talks about her initial interest in searching for her birth mother. Where do you land in the nature vs. nurture debate and how have your life experiences informed this opinion?
- Q** Wellington situates her historical memoir in the context of America in the post-Roe era, after the SCOTUS passage of the *Dobbs v. Jackson Women's Health Organization* in 2022, determining that the constitution does not protect a woman's right to an abortion. How has your local community been impacted directly by the passage of the Dobbs decision? How have you personally been impacted by the passage of the Dobb's decision?
- Q** Do you think that in writing this book Wellington found the answers to the questions she was looking for? Or does not knowing one's birth community preclude an adoptee from fully understanding themselves and their identity?